

# Family Mediation

At Megan Tregilgas Mediation Services, our family mediation focuses on helping families navigate challenges and improve communication. While we do not handle divorce, property settlements, or custody arrangements, we can support you in creating a more harmonious family life through respectful discussions and practical planning. For legal or financial matters, we recommend consulting a solicitor or financial adviser.

Our mediation and counselling services help families work through everyday challenges, such as dividing household responsibilities, adapting to changes in relationships, managing finances, supporting aging parents, coping with illness, and addressing early-stage conflicts. By fostering open and constructive conversations, we help families create workable solutions that benefit everyone.

Our goal is to address issues before they escalate, guiding families toward lasting resolutions that strengthen relationships and promote a positive home environment.

